SIGNS OF ARTHRITIS CHECKLIST

Use this checklist to identify if your dog is showing signs of arthritis

Pet's Name: Pet's Age: Owner's Name:

APPEARANCE

Is your dog...

	YES	NO
Showing signs of stiffness?	☐	☐
Licking their joints more regularly?	☐	☐
Excessively yawning?	☐	☐
Has your dog gained weight in the past year?	☐	☐
Has your dog lost weight in the past year?	☐	☐

WALKING

Is your dog...

	YES	NO
Lagging behind on walks?	☐	☐
Limping after exercise?	☐	☐
Less enthusiastic or refusing to go for walks?	☐	☐
Bobbing their head when walking?	☐	☐
Having difficulty balancing when toileting?	☐	☐

ATTITUDE

	YES	NO
Have you noticed any behaviour changes? (please note below)	☐	☐
Are they more grumpy?	☐	☐
Are they seeking out more quiet spaces to be alone?	☐	☐
Are they more needy than usual?	☐	☐
Are they sleeping more than usual?	☐	☐
Crying out or sound like they're in pain?	☐	☐
Eating less or their appetite fluctuates?	☐	☐

Is your dog showing any other signs or symptoms you are concerned about?

RELUCTANCE

Is your dog...

	YES	NO
Hesitant to jump (e.g. into the car or onto the sofa)?	☐	☐
Less enthusiastic to play?	☐	☐
Taking more time to sit / lie down / get comfortable?	☐	☐
Taking more time to rise after sitting or laying down?	☐	☐

ENVIRONMENT

	YES	NO
Does your dog struggle with the stairs?	☐	☐
Is your dog unsteady on slippery surfaces?	☐	☐
Has your dog ever suffered from an injury?	☐	☐
Have you ever given your dog a medication to relieve pain?	☐	☐

Remember, the earlier we are diagnosed, the more enjoyable our lives will be



Scan to learn more

Once completed, please share with your vet practice for assessment via email or take to your next appointment

arthritis AWARE

APPEARANCE | WALKING | ATTITUDE | RELUCTANCE | ENVIRONMENT

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